



# Navigator

## February 2017

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## **Back In Action Athletics**

**Dixie Youth Softball** 

Girls ages 6-15

Sign up to get engaged and have fun! Oak Island Parks and Recreation Department is registering for Dixie Girls
Softball. Dixie Youth Softball is a league for girls divided into age appropriate groups, 5-8, 9-10, 11-12, and 13 -15, year olds. Teams will play against other county teams such as Lockwood Folly, Town Creek, Shallotte and Leland. Practice will begin in March, games will begin in April. For more information call 278-5518. Participants must be 6 by January 1, 2017, and may not be 16 by January 1, 2017. The fee is \$60.

Registration is open until February 21 at the

Oak Island Recreation Center.

## Adult League Flag Football



Love football? OKI Parks and Recre-

ation is amping up for Adult League Flag Football for spring 2017! This is a great way to make new friends and enjoy the outdoors in our wonderful community. Interested teams and participants can register through Tuesday, February 28th! For more information please contact League Director, Eric Falkenhagen at

efalkenhagen@ci.oak-island.nc.us.



### Youth Soccer

Be part of a team and stay active with youth league soccer! Please follow the link below for additional information or to register.

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## Broadway at the Beach

February 16th

9:00am-3:45pm

Take a trip with Oak Island Parks and Recreation Department to Broadway At The Beach in Myrtle Beach,

SC on Thursday, February 16, 2017. Enjoy one-of-a-kind shops and boutiques along with a host of nationally recognized shopping names. Lunch will be on your own at Broadway At The Beach. Fees cover Travel only. Only <u>14</u> Spots available.

## Mardi Gras By The Sea

## Parade & Festival



The Oak Island Parks & Recreation will host a Mardi Gras by The Sea Parade & Festival on Saturday, March 4, 2017 . The parade will begin at 1pm and end at the festival on Middleton Park soccer field. The Mardi Gras Festival will consist of games for the kids, live entertainment, a Mardi Gras Pet Parade & costume contest, and much more. Parade applications can be picked up at the Oak Island Recreation Center located at 3003 E Oak Island Dr., Oak Island, NC 28465. If you have any questions, please contact the Oak Island Recreation Center at (910) 278-5518



Now accepting credit card payments



#### **Rec Center Fitness Facility News!**

You can now pay your fees online for use of the weight and cardio rooms! Go to

## Oak Island Parks & Recreation Exercise Classes and Ongoing Programs

<u>Monday</u>
8:15am Fit Fusion
1pm Bridge
6pm Yoga
6pm Moms on The
Move (Soccer
Field)

Tuesday 7:45am Mature Aerobics 10:45am Sr. Yoga 12:30pm Rummikub 5pm Introductory Yoga 6:30pm Strength & Conditioning 5:30pm Tops

Wednesday 8:15am Fit Fusion 10:15am Quilters 6pm Yoga 6pm Moms on The Move (Soccer Field)

Thursday 7:45am Mature Aerobics 10:45am Sr. Yoga 12:30pm Crochet 5pm Introductory Yoga 6:30pm Strength & Conditioning 6:30pm Feral Cats (4th Thursday)

Friday 8am Table Tennis 9am Art Guild (2nd Friday)

> **Recreation Center Hours** 6:30am-8pm Mon.- Thurs. 6:30am-6pm - Friday 9am-2pm Saturday Closed on Sunday 910-278-5518

Saturday

9am Mature Aerobics

Class schedules subject to change-call 278-5518

#### Oak Island Community Center–102 SE 47th St.

Youth Activities ages 9 & up Fridays from 4-6pm, Saturdays from 10am-5pm (indoor & outdoor games for kids and family fun!) Ping Pong, Foosball, Pool, Video Games, Corn hole & more)

#### Seniors On The Go!

Tuesdays, Wednesdays, Thursdays Lunch 11:45am-partnered with BSRI, Rummikub

Bingo 12:30pm

Chair Yoga 11am

Sit & Be Fit 11am

Tuesdays & Thursdays 1st & 3rd Thursdays 2nd & 4th Thursdays Wednesdavs Senior Trips - Call 910-278-6552 for more information

#### Project Flying WILD

Saturday, February 18th



Jewelry Making 11am

#### 9:00 - 3:30pm

Flying WILD offers a whole-school approach to environmental education using birds as the focus. Receive practical hands-on classroom and outdoor field investigation experiences connecting real -world experiences in bird biology, conservation and natural history.

Participants receive the Flying WILD educator guide, which contains dozens of hands-on activities. Participants are eligible for NC OEE and CEU credits. Presented by NC Wildlife Resources Commission staff.



Lucky To Have You Dance

March 11<sup>th</sup>, 2017

6pm-8pm

The Oak Island Community Center is sponsoring an adult/youth dance for ages 6-12. Come dressed in your Sunday Best and share an extraordinary evening at the dance with the one you love.

#### Oak Island Par 3 Course at South Harbour

4188 Vanessa Drive, South Harbour Village Course open daily 8am to 6pm, rental clubs and golf carts available. For daily rates and tee times call 454-0905.

#### Punch a card for prizes on US!

Come take a swing at our 18 hole family friendly course!

We are open to all experience levels of golf.

Rental clubs and golf carts are available. Feel free to walk along our beautifully manicured Bermuda greens overlooking the fairways.

Love our golf course? Stop by the clubhouse for a Oak Island Par 3 golf course punch card. On your fourth visit, turn in your card for a chance to win a variety of prizes!