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Island Recreation Center



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The Town of  
**Oak Island**  
Parks & Recreation Dept.

# Navigator

## November 2019

oakisland.recdesk.com • 3003 E. Oak Island Dr. • Oak Island, NC 28465 • 910-278-5518

## Holiday Happenings

### Annual Tree Lighting Ceremony

Friday, December 6th, 2018

Middleton Park (SE 47<sup>th</sup> St.)

5pm Entertainment Begins

6pm Tree Lighting

Spend an evening with friends and family as OKI Parks and Recreation ushers in the magic of the holiday season. Relax before the Christmas rush as the community comes together to enjoy FREE entertainment with local music, crafts, and a visit from good ole' Santa! Hot chocolate will be available for event goers while supplies last.



### Gingerbread Beach House Contest

On Display December 5th-14th

FREE! (Registration Ends Nov 15th)

Don't miss out on the fun this holiday season with Oak Island's 3rd Annual Gingerbread Beach House Contest! Sponsored by Nancy Jo's Homemade Bakery, this contest that will be sure to make this holiday season especially sweet. With a variety of categories; this year's contest is sure to amaze as creativity comes to the kitchen. Register at the Recreation Center at 3003 E. Oak Island Dr, or go online at <http://bit.ly/OKIGingerbreadBeachhouse>



### 5th Annual Holiday Craft Market

December 7th

9am-2pm

FREE to attend

Spend the day exploring unique homemade goods at the OKI Recreation Center. Find the perfect holiday gift for loved ones as local artists and vendors offer a variety of seasonal goods; then stick around for the Oak Island Christmas Parade!



## An Awesome Autumn

Live & Local at Middleton Park: November 15th

Every 3<sup>rd</sup> Friday, 2019

4-7:30pm

FREE!

Already dreaming of next summer's Farmer's Market and Summer Concert Series? Beginning this October, Oak Island will be bringing the best of summer to Middleton Park each 3rd Friday of the month. Join Oak Island Parks and Recreation Department for an evening of live music, local food and craft vendors, and celebrating our coastal community



### Tanger Outlets

Destination (Hwy 501, Myrtle Beach, SC)

Thursday, November 21<sup>st</sup>, 2019

9am-3:30pm

Fees: \$ 10 Residents & \$ 15 Non-Residents

Christmas is getting closer and getting to the mall can be difficult sometimes. Take a trip with Oak Island Parks and Recreation Department to the Tanger Outlets in Myrtle Beach, SC on Tuesday, November 21, 2019. With over 80 outlet stores to choose from, that special gift for yourself or for your loved one should be easy to find! Lunch is on your own at the Outlets. Only 14 spots are available. No Refunds.



Evening Slow Flow Yoga: Beginning November 12<sup>th</sup>, 2019

Tuesdays- 5:30pm

Fees: \$4 Oak Island Residents/\$5 Visitors & Non Residents

Come wind down from your busy day with this all-levels Slow Flow yoga class. We'll stretch out, do some standing poses, and end with some relaxation to send you home refreshed. New and experienced students are welcome, props and modifications will be offered, and breathing and self-awareness will be emphasized. Yoga is accessible to everyone!

## Rally For A Cure Golf Outing

Friday, November 8th

Tee off at 12pm

Fees: \$35 per person

OKI Recreation Department is sponsoring the Rally For the Cure Golf Outing. The event features a 4 woman captains choice golf tournament for all ability levels, plenty of prizes, and hors d'oeuvres. There will be a auctions and rally prizes with proceeds to benefit the Little Pink Houses of Hope – a NC based organization that promotes breast cancer recovery. Please join us for an afternoon of golf, and celebration of life.



# Oak Island Parks & Recreation Exercise Classes and Ongoing Programs

## Monday

**9:30am** S.S. Circuit  
**10:30am** Zumba Gold  
**1pm** Bridge

## Tuesday

**7:45am** Mature Aerobics  
**8:30am** OKI Birding Club (2nd Tuesday)  
**9am** SS Circuit  
**10am** Tap Dancing  
**10:45am** Sr. Yoga  
**10:30am** Tap Dance  
**5:30pm** Tops  
**5:30pm** Slow Flow Yoga  
**6:30pm** Strength & Conditioning  
**6:30pm** Boy Scouts (every other week)

## Wednesday

**9am** Zumba Gold  
**10:30am** Quilters  
**12:30pm** Rummikub

## Thursday

**7:45am** Mature Aerobics  
**9am** Mat Pilates  
**9am** Painting Club  
**9:30 am** S.S. Circuit  
**10:45am** Sr. Yoga  
**6:30pm** Feral Cats (4th Thursday)  
**6:30pm** Strength & Conditioning

## Friday

**8am** Table Tennis  
**9am** Art Guild (2nd Friday)  
**10:30am** Zumba Gold (except 2nd Friday)  
**1pm** Scrabble Club

## Saturday

**9am** Mature Aerobics  
**10:30am** Meditation

### Recreation Center Hours

6:30am-8pm Mon.- Thurs.  
 6:30am-6pm - Friday  
 9am-2pm Saturday  
 Closed on Sunday  
 910-278-5518

*Class schedules subject to change—call 278-5518 or sign up for email announcements at the Rec Center*

## Oak Island Community Center—102 SE 47th St.

### Youth Activities ages 9 & up

Fridays from 4-6pm, Saturdays from 10am-5pm (indoor & outdoor games for kids and family fun!) Ping Pong, Foosball, Pool, Video Games, Corn hole & more)



### Seniors On The Go!

Tuesdays, Wednesdays, Thursdays Lunch 11:45am—partnered with BSRI, Rummikub

Tuesdays & Thursdays

1st & 3rd Thursdays

2nd & 4th Thursdays

Wednesdays

Senior Trips — Call 910-278-6552 for more information

Bingo 12:30pm

Chair Yoga 11am

Sit & Be Fit 11am

Jewelry Making 11am

### Zumba Gold: Adds Friday Morning Class Beginning December 6<sup>th</sup>

**Mondays & Fridays- 10:30am**

**Wednesdays- 9am**

**Fees: \$2 Town of Oak Island Residents/ \$3 Non Residents**

Spice up your workout with Zumba Gold. Using easy- to- follow; participants will improve balance, increase range of motion, and enhance coordination as the worlds of aerobics and dance collide in this inspiring class. This course is a fantastic option for those new to the exercise or seeking low impact fitness opportunities.

## Oak Island Bird Club

**Meets 2nd Tuesday of Each Month**

**8:30-9:45am**

**Non-Club Members- \$4.00 per meeting**

**Annual Memberships: \$7 Children (12 years & under), \$10 Individual, \$15 Family Membership**

Oak Island is going to the birds! The 2nd Tuesday of each month, you are invited to join OKI Parks and Recreation and Wild Bird and Garden for a new birding opportunity in your “backyard”! This November, OKI Bird Club will hit the trails around Fort Caswell for a brisk morning adventure in search of coastal bird. Members are encouraged to keep an eye on their emails as more details are coming soon!

Also coming up with Oak Island Bird Club:

December 10th- Sea Biscuit Shelter

Mary Ellen and Sea Biscuit Wildlife Rescue are sure to make this holiday season merry with flight as OKI Bird Club meets for the final program for 2019. Members are encouraged to keep an eye on their emails as more details are coming soon!



### \*The Perfect Gift For Your Favorite Islander!\*

**2020 Oak Island Coastal Calendars**

**Available for purchase at Oak Island Recreation Center \$15 Each**

The Town of Oak Island turns 20 years old this year! To celebrate, the island community was invited to share their very favorite photos of our island paradise over the last twenty years for a chance to be featured in the 2020 OKI Coastal Calendar! Calendars include Oak Island images, where you can find these hidden gems on the island, and indicates Oak Island Parks & Recreation's largest events for 2020!



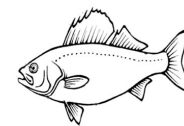
### Salt Water Fishing School

**February 1st OR February 8th, 2019**

**9:00am-4:30pm**

**Tickets can be purchased either with cash or check for \$65 in advance and \$75 at the door (if space is available).**

Oak Island Parks and Recreation and Captain Jerry will be partnering to provide TWO sessions featuring sessions on catching speckled trout, red and black drum, flounder, sheepshead, gray trout, Spanish and King mackerel, offshore bottom fish and throwing/casting nets. Both sessions will run from 9:00am-4:30 pm with lunch included. For more information call Captain Jerry at 910-279-6760 or email [captjerry@captjerry.com](mailto:captjerry@captjerry.com). Applications are also available at the Oak Island Recreation Center.



### Rec Center Fitness Facility News!

You can now pay your fees online for use of the weight and cardio rooms! Go to [oakisland.recdesk.com](http://oakisland.recdesk.com), create an account and go to the memberships tab. Items available for online payment are indicated with an enroll button.



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